This Institution is an equal opportunity provider Menus are subject to change

Menus are subject to change				
Mon. June 17 Tues. June 18 Wed. June 19 Thurs. June 20 Fri. June 21				
Barton Homemade WG Cheese, Pepperoni, or Veggie Pizza Fresh Veggie Sticks Fresh Fruit Milk Gardner Park Block Party Homemade WG Cheese, Pepperoni, or Veggie Pizza Fresh Veggie Sticks Fresh Fruit Milk Gardner Park Block Party Homemade WG Cheese, Pepperoni, or Veggie Pizza Fresh Veggie Sticks Fresh Fruit Milk				
Mon. June 24 Tues. June 25 Wed. June 26 Thurs. June 27 Fri. June 28				
Barton Brault's Beef Burger or Veggie Burger On WG Bun Seasoned Potato Wedges Fresh Fruit Milk Gardner Park Brault's Beef Burger or Veggie Burger On WG Bun Seasoned Potato Wedges Fresh Fruit Milk				
Mon. July 1 Tues. July 2 Wed. July 3 Thurs. July 4 Fri. July 5				
Barton Chicken Teriyaki Skewers WG Vegetable Fried Rice Fresh Fruit Milk				
Mon. July 8 Tues. July 9 Wed. July 10 Thurs. July 11 Fri. July 12				
Barton Beef Tacos Southwest Rice Pilaf Fresh Garden Salsa Fresh Fruit Milk Barton Gardner Park Beef Tacos Southwest Rice Pilaf Fresh Garden Salsa Fresh Fruit Milk Gardner Park Beef Tacos Southwest Rice Pilaf Fresh Garden Salsa Fresh Fruit Milk				
Mon. July 15 Tues. July 16 Wed. July 17 Thurs. July 18 Fri. July 19				
Barton Homemade Macaroni & Cheese Cornbread Fresh Veggie Sticks Fresh Fruit Milk Barton Gardner Park Homemade Macaroni & Cheese Cornbread Fresh Veggie Sticks Fresh Fruit Milk Gardner Park Homemade Macaroni & Cheese Cornbread Fresh Veggie Sticks Fresh Fruit Milk				



North Country Lunch Box

Summer Meals 2019 Lunch

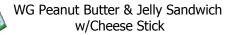
Program runs June 18-August 22, 2019 Wednesday- Barton Thursday-Gardner Park

Seasonal Local Vegetables will be used when available



Daily Alternatives

Yogurt w/WG Granola & Cheese Stick
Or



1% White and Fat Free Chocolate Milk offered Daily





Select All Four Components for a Reimbursable Meal

1 cup milk
Fruit/Veg- 3/4 cup total any combo
Grain- 1 oz. eq.
Meat/Meat Alternate- 2 oz. eq.





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Mon. July 22 Tues. July 23	Wed. July 24	Thurs. July 25	Fri. July 26
	Barton Beef, Bean, or Veggie Nachos Southwest Rice Pilaf Fresh Garden Salsa Fresh Fruit Milk	Gardner Park Beef, Bean, or Veggie Nachos Southwest Rice Pilaf Fresh Garden Salsa Fresh Fruit Milk	
Mon. July 29 Tues. July 30	Wed. July 31	Thurs. Aug 1	Fri. Aug 2
	Barton BBQ Pulled Pork Sandwich Creamy Coleslaw	Gardner Park BBQ Pulled Pork Sandwich Creamy Coleslaw	
	Fresh Fruit Milk	Fresh Fruit Milk	
Mon. Aug 5 Tues. Aug 6	Wed. Aug 7	Thurs. Aug 8	Fri. Aug 9
	Barton Homemade WG Cheese, Pepperoni, or Veggie Pizza Fresh Veggie Sticks Fresh Fruit Milk	Gardner Park Homemade WG Cheese, Pepperoni, or Veggie Pizza Fresh Veggie Sticks Fresh Fruit Milk	
Mon. Aug 12 Tues. Aug 13	Wed. Aug 14	Thurs. Aug 15	Fri. Aug 16
	Barton Homemade Shepherd's Pie Dinner Roll	Gardner Park Homemade Shepherd's Pie Dinner Roll	
	Fresh Fruit Milk	Fresh Fruit Milk	
Mon. Aug 19 Tues. Aug 20	Wed. Aug 21	Thurs. Aug 22	Fri. Aug 23
	Barton Deli Day Turkey, Ham, Tuna or Chicken Salad Sun Chips Veggie Sticks Fresh Fruit Milk	Gardner Park Deli Day Turkey, Ham, Tuna or Chicken Salad Sun Chips Veggie Sticks Fresh Fruit Milk	



North Country Lunch Box

Summer Meals 2019 Lunch

Program runs June 18-August 22, 2019 Wednesday— Barton Thursday-Gardner Park

Seasonal Local Vegetables will be used when available

Daily Alternatives

Yogurt w/WG Granola & Cheese Stick Or

WG Peanut Butter & Jelly Sandwich w/Cheese Stick

1% White and Fat Free Chocolate Milk offered Daily





Select All Four Components for a Reimbursable Meal

1 cup milk
Fruit/Veg- 3/4 cup total any combo
Grain- 1 oz. eq.
Meat/Meat Alternate- 2 oz. eq.



